

Cloister Doubles (Plain Bob start)		Blue Line Only, with Bell Starting Points
Blue Line and Numbers		
1 and 2 hunt to 3rds and back to lead repeatedly, and 3, 4, and 5 hunt from 3rd place to 1st place and back up, then dbl dodge 4-5 up, lie, dbl dodge 4-5 down, etc.	1 and 2 hunt from 1st to 3rds and back repeatedly	3, 4, and 5 hunt down from 3rd place to 1st place and back up, then dbl dodge 4-5 up, lie, dbl dodge 4-5 down, etc.
<p>Diagram showing bell paths for Plain Bob start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 2 starts at the top left, moves to the 1st position, and back. Bell 3 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>	<p>Diagram showing bell paths for Plain Bob start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 2 starts at the top left, moves to the 1st position, and back. Bell 3 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>	<p>Diagram showing bell paths for Plain Bob start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 2 starts at the top left, moves to the 1st position, and back. Bell 3 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>

Cloister Doubles (Grandsire start)		Blue Line Only, with Bell Starting Points
Blue Line and Numbers		
2 and 3 hunt from 1st to 3rds and back to lead repeatedly, and 1, 4, and 5 hunt down from 3rd place to 1st place and back up, then dbl dodge 4-5 up, lie, dbl dodge 4-5 down, etc.	2 and 3 hunt from 1st to 3rds and back repeatedly	1, 4, and 5 hunt down from 3rd place to 1st place and back up, then dbl dodge 4-5 up, lie, dbl dodge 4-5 down, etc.
<p>Diagram showing bell paths for Grandsire start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 2 starts at the top left, moves to the 3rd position, and back. Bell 3 starts at the top left, moves to the 1st position, and back. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>	<p>Diagram showing bell paths for Grandsire start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 2 starts at the top left, moves to the 3rd position, and back. Bell 3 starts at the top left, moves to the 1st position, and back. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>	<p>Diagram showing bell paths for Grandsire start. The diagram includes a grid with bell paths and numbers 1 through 5. Bell 2 starts at the top left, moves to the 3rd position, and back. Bell 3 starts at the top left, moves to the 1st position, and back. Bell 1 starts at the top left, moves to the 3rd position, and back. Bell 4 starts at the top left, moves to the 1st position, and back. Bell 5 starts at the top left, moves to the 3rd position, and back. The diagram shows the sequence of dodges and leads for each bell.</p>

1. In Cloister Doubles, 2 bells simply plain hunt in the front 3 positions, while the other 3 bells separate each plain hunt in the front 3 positions with a series of up dodges, then a series of down dodges in 4-5. The 2 versions of Cloister are shown above. The work done is the same, but note that the "sixes" -- see item 4 below -- start at different points.
2. Like Bastow, Cloister Doubles has a relatively short plain course, so allows a quick stop and "reset" at rounds if things are *not* going well, while allowing repeated practice at hunting and dodging by ringing multiple plain courses in a row if things are going well.
3. Cloister provides good practice in dodging repeatedly, but with a set number of dodges to keep track of, and in learning to keep track of whether you are dodging up or down. For the 2 "hunt bells", who never get into 4th or 5th place, it provides an opportunity to see which bell comes into "the front" with you and when you follow that bell, versus when you follow the other hunt bell.
4. Note the double lines. These separate the method into "sixes," sections of 6 change rows. This is a different concept from that of a "lead" (the section made up of the changes between 2 backstroke leads of the treble), that you're used to in Plain Hunt, Plain Bob, and most other methods. Stedman and Erin are two common methods (actually, principles) that are broken into "sixes" rather than "leads."
5. Cloister is also sometimes used as an introduction to Stedman Doubles. You should take a look at Stedman to see what the similarity is. The dodging in Cloister also has some connection to dodging in Grandsire bobs and singles.